



Criteria for Youths' Referral Letters (SOC v. 8)

Puberty blocking agents/Hormone

- a. Gender incongruence is marked and sustained over time
- b. Meets the diagnostic criteria for gender incongruence in situations where a diagnosis is necessary
- c. Demonstrates the emotional and cognitive maturity required to provide informed consent/assent for the treatment
- d. Mental health concerns (if any) that may interfere with diagnostic clarity, capacity to consent, and gender-affirming medical treatments have been addressed; sufficiently so that gender-affirming medical treatment can be provided optimally
- e. Informed of the reproductive effects, including the potential loss of fertility and the available options to preserve fertility;
- f. Reached Tanner stage 2

Gender Affirming Surgery

- a. Gender incongruence is marked and sustained over time
- b. Meets the diagnostic criteria for gender incongruence in situations where a diagnosis is necessary
- c. Demonstrates the emotional and cognitive maturity required to provide informed consent/assent for the treatment
- d. Mental health concerns (if any) that may interfere with diagnostic clarity, capacity to consent, and gender-affirming medical treatments have been addressed; sufficiently so that gender-affirming medical treatment can be provided optimally
- e. Informed of the reproductive effects, including the potential loss of fertility and the available options to preserve fertility;
- f. At least 12 months of gender-affirming hormone therapy or longer, if required, to achieve the desired surgical result for gender-affirming procedures, including breast augmentation, orchiectomy, vaginoplasty, hysterectomy, phalloplasty, metoidioplasty, and facial surgery as part of gender-affirming treatment unless hormone therapy is either not desired or is medically contraindicated.