

# Joonwoo Lee, M.Ed.

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## EDUCATION

2025 – 2026	<b>Brigham and Women’s Hospital/Harvard Medical School (BWH/HMS), Boston, MA</b> Predoctoral Clinical Psychology Intern (APA Accredited) Gender Affirming Care Track
2020 – <i>Present</i>	<b>University of Wisconsin-Madison, WI</b> PhD in Counseling Psychology (Expected June 2026) Dissertation: <i>Transness is our salve: How Trans identity facilitates healing from relational trauma with parental figure</i> (Defended Aug 2025) Advisor: Stephanie Budge, PhD
2020	<b>Korea University, Seoul, South Korea</b> M.Ed. Counseling Advisor: Bora Lee, PhD
2016	<b>Marlboro College, VT</b> B.A. Economics & Chinese Language (High Honor)
2010 – 2012	<b>Yonsei University, Seoul, South Korea</b> Psychology Major

## RESEARCH/PROJECT FUNDING

2023 – 2024 \$44,666	<b>Institute for Diversity Science Grant</b> <i>University of Wisconsin-Madison</i> Implementation of the Healing through Ongoing Psychological Empowerment (HOPE) Intervention with Two Spirit, Transgender, and Nonbinary Clients of Color: An Open Clinical Trial. <i>Role: Co-Investigator</i>
2023 – 2025 \$9,000	<b>Roy Scrivner Memorial Research Grant</b> <i>American Psychological Foundation</i> Transgender and Nonbinary People’s Experience of Relational Trauma with Parental Figures <i>Role: Principal Investigator</i>
2023 – 2024 \$4,000	<b>Baldwin Wisconsin Idea Endowment Seed Grant</b> <i>Ira and Ineva Reilly Baldwin Wisconsin Idea Endowment</i> Transgender and Nonbinary People’s Experience of Relational Trauma with Parental Figures <i>Role: Principal Investigator</i>
2023 \$4,500	<b>Scott Kloeck-Jenson Fellowship</b> <i>Institute for Regional and International Studies, University of Wisconsin-Madison</i> Korean Transgender and Nonbinary People’s Needs and Challenges in Accessing Gender Affirming Services: A Thematic Analysis <i>Role: Principal Investigator</i>

2023 **4W Engagement Grant for Emerging Scholars**  
 \$2,500 *4W (Women & Wellbeing in Wisconsin & the World) Initiative, University of Wisconsin-Madison*  
 Towards Equitable Access to Gender-Affirming Care for TNB Individuals in South Korea:  
 Disseminating the Companionship Model  
*Role: Project Lead*

## HONORS AND AWARDS

### Research & Advocacy Awards

2025 **Wisconsin Psychology Foundation Graduate Student Scholarship Award (\$1500)**  
 Wisconsin Psychology Foundation, 1 of 3 Statewide Recipients

2025 **Charlotte Clara Lehman Award for Social Justice Projects (\$1200)**  
 Department of Counseling Psychology, University of Wisconsin-Madison

2024 **Award for Outstanding Social Justice & Advocacy in Counseling Psychology**  
 Division 17 (SAS), American Psychological Association

2024 **Jen Mandel Olson Memorial Award for Outstanding Research in Family Issues (\$2,500)**  
 Department of Counseling Psychology, University of Wisconsin-Madison

2023 **Transgender Research Award (\$500)**  
 Division 44, American Psychological Association

2023 **Research Grants for Psychology Students and Recently Graduated Psychologist of Color Award (\$300)**  
 American Psychological Association

2023 **Malyon Smith Scholarship Research Award (\$300)**  
 Division 44, American Psychological Association

2023 **Distinguished Student Contribution Award**  
 Division 44, American Psychological Association

2023 **Michael Sullivan Diversity Scholarship Fund (\$500)**  
 Ohio Psychological Association

2023 **Student Research Grants Competition (\$1,500)**  
 Office of Diversity, Inclusion, and Funding, University of Wisconsin-Madison Graduate School

2021 **Graduate Student Outstanding Research Award-Runner up (\$400)**  
 Division 17 International Section, American Psychologist Association

2020 – 2021 **Kemper Knapp Fellowship (\$28,000)**  
 College of Education, University of Wisconsin-Madison

2020 **Outstanding Thesis Award (\$1,500)**  
 College of Education, Korea University

2019 **Research Award (\$2,000)**  
 Korea University

2018 – 2019 **Brain Korea 21 (BK 21) Plus Scholarship (\$7,000)**  
 Korea University

2016 **High Honor Thesis**  
 Marlboro College

- 2015      **Geiger Research Grant (\$2,000)**  
Marlboro College
- 2015      **International Experience Grants (\$3,000)**  
Christian Johnson Endeavor Foundation (CJEF)

Scholarships and Travel Awards

- 2025      **BIPOC Scholarship (\$1,500)**  
Point Foundation
- 2024      **Persistence Scholarship (\$1,000)**  
Point Foundation
- 2024      **Professional Development Scholarship (\$2,500)**  
Point Foundation
- 2024      **Aliveness Project Scholarship Fund (\$2,000)**  
PFund Foundation
- 2024      **BIPOC Scholarship (\$1,500)**  
Point Foundation
- 2023      **Prism Foundation Scholarship (\$2,500)**  
Prism Foundation
- 2023      **Aritzia Scholarship (\$5,000)**  
Stonewall Community Foundation
- 2023      **Finalist, Flagship Award**  
Point Foundation
- 2023      **Mentoring Student Travel Award (\$500)**  
Division 44, American Psychological Association
- 2023      **Travel Award (\$1,265)**  
National Transgender Health Summit Planning Committee
- 2022      **BIPOC Scholarship (\$1,500)**  
Point Foundation
- 2022      **Qualified Treatment Trainee Graduate Student Award (\$5,000)**  
Center for Inclusive Transition, Education & Employment – UW Whitewater.
- 2022      **APA Convention Funding Award (\$300)**  
Society of Counseling Psychology's Student Affiliates of Seventeen Division 17 International Section, American Psychological Association
- 2019      **International Conference Travel Award (\$800)**  
Korea University
- 2018      **International Conference Travel Award (\$800)**  
Korea University
- 2013 – 2016      **Marlboro Merit Scholarship (\$23,000)**  
Marlboro College

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**PUBLICATIONS**

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Peer-Reviewed Journal Publication

15. Domínguez, S., Jr., Matsuno, E., Adames, H. Y., Mosley, D. V., Richardson, J. M., **Lee, J.**, Norton, M., & Budge, S. L. (2025). Building and practicing anticolonial psychotherapy: Using the psychology of radical healing to address the colonality of gender. *American Psychologist*, 80(4), 603–617. <https://doi.org/10.1037/amp0001430>
14. Budge, S.L., Tebbe, E.A., **Lee, J.**, Matsuno, E., & Lindley, L. (2025). The Healing through Ongoing Psychological Empowerment (HOPE) telehealth intervention with Two Spirit, Transgender, and Nonbinary clients of color in the United States: An open clinical trial feasibility and implementation analysis. *JMIR Formative Research*. <https://doi.org/10.2196/64477>
13. Budge, S.L., Tebbe, E.A., **Lee, J.**, Lindley, L., Domínguez, S. Jr., Matsuno, E. (2025). Longitudinal outcomes of an open psychotherapy clinical trial with two spirit, transgender, and nonbinary clients of color. *Transgender Health*. <https://doi.org/10.1089/trgh.2024.0149>
12. Tebbe, E. A., Matsuno, E., **Lee, J.**, Domínguez, S., Jr., & Budge, S. L. (2025). Implementation and evaluation of the gender resilience, resistance, empowerment, and affirmation training (GREAT) pilot program. *Psychotherapy*, 62(1), 32–43. <https://doi.org/10.1037/pst0000552>
11. Norton, M., **Lee, J.**, Lindley, L. (2024). Whose voice matters: A critical analysis of gatekeeping and ethical violations towards transgender and nonbinary population. *Psychology of Sexual Orientation and Gender Diversity*. <https://doi.org/10.1037/sgd0000772>
10. **Lee, J.**, Kim, H., Budge, S.L. (2024). Psychological assessment for gender-affirming care in transgender and nonbinary youth: The companionship model. *Harvard Review of Psychiatry*. <https://doi.org/10.1097/HRP.0000000000000404>
9. Lindley, L., **Lee, J.**, Buhr, B., McKellips, M. (2024). Gender affirming medical interventions and gender dysphoria: Qualitative exploration of messages and experiences. *The Counseling Psychologist*. <https://doi.org/10.1177/00110000241305830>
8. **Lee, J.**, Hoyt, W. T., Budge, S.L. & Lee, B. (2024). Mediators of parental attachment and internalized transnegativity for Korean transgender and nonbinary people. *The Counseling Psychologist*, 52 (8). <https://doi.org/10.1177/00110000241299766>
7. **Lee, J.** & Lee, B. (2024). Korean transgender and nonbinary workers' development of critical consciousness through interpersonal relationships at work: A grounded theory. *Journal of Counseling Psychology*. Advance online publication. <https://doi.org/10.1037/cou0000761>
6. Lindley, L., **Lee, J.**, Norton, M., Budge, S.L. (2024). Sociocultural messages about gender dysphoria (dis)align with the lived experiences of trans and nonbinary individuals: A qualitative study. *Sex Roles: A Journal of Research*. <https://doi.org/10.1007/s11199-024-01460-7>
5. Budge, S.L., **Lee, J.**, Domínguez, S. Jr., Tebbe, E. (2023). Using the companionship model when writing referral letters for transgender and nonbinary adults. *Psychology of Sexual Orientation and Gender Diversity*. Advance online publication. <https://doi.org/10.1037/sgd0000684>
4. Budge, S.L., Shoenike, D., **Lee, J.**, Norton, M., & Sinnard, M.T. (2023). Transgender and nonbinary patients' psychotherapy goals: A secondary analysis from a randomized controlled trial. *Journal of Psychiatric Research*, 159. 82-86. <http://dx.doi.org/10.1016/j.jpsychires.2023.01.027>
3. Pyo, S., Lee, S., Jang, A., **Lee, J.**, Lee, E., & Yang, E. (2022). Factors influencing the sexual identity formation of sexual minority (LGB) in Korea: A qualitative meta-summary. *Korean Psychological Journal of Culture and Social Issues*, 28 (2), 83-114. <http://dx.doi.org/10.20406/kjcs.2022.5.28.2.241>
2. Budge, S.L., **Lee, J.**, Lindley, L. (2020). Therapie mit transmaskulinen klienten (Therapy for transmasculine clients). *Psychotherapie im Dialog*. 21(04). 52-56. <https://doi.org/10.1055/a-0987-5851>.

1. Lee, M., Kim, G., **Lee, J.**, Vo, H., & Lee, S. M. (2020). The effects of academic stress and academic failure tolerance on academic burnout among college students: Moderated mediation effects of interpersonal stress. *Journal of the Korea Convergence Society*, 11(2), 175-185.  
<https://doi.org/10.15207/JKCS.2020.11.2.175>.

### **Manuscripts Submitted for Publication**

7. Cosner, C., Higgins, K., Banasiak, E., **Lee, J.** (In Review) Trauma-informed treatments for trans youths of color. Invited to be submitted to the special issues of *Psychiatric Annals*.
6. **Lee, J.**, Barr, S. M. (In Revision). Transness is our salve: How Trans identity facilitates healing from relational trauma with parental figures. Invited to the special issue of Journal of Traumatic Stress.
5. **Lee, J.**, Lindley, L., Lee, H. (In Review). Psychometric characteristics and validation of the Transgender Identity Survey in a Korean trans and nonbinary sample: A measure to assess internalized transnegativity. Submitted to Psychology of Sexual Orientation and Gender Diversity.
4. **Lee, J.**, Mize, G., Pili, A., Budge, S.L., Tebbe, E. (In Review). "I felt seen in ways I never had before": What and how psychotherapy change occurs among two spirit, transgender, and nonbinary people of color. Submitted to Journal of Counseling Psychology.
3. Lee, B. & **Lee, J.** (In Revision). Korean transgender and nonbinary people's job search experiences. Submitted to Journal of Career Assessment.
2. **Lee, J.**, Domínguez, S. Jr., Norton, M., Richards, K., Budge, S.L., Tebbe, E., Turner, Y., Towers, O. (In Review). Let's find a sweet spot to co-conspire: Using community-based participatory research to increase access to affirming psychotherapy for transgender people of color. Submitted to Psychology of Sexual Orientation and Gender Diversity.
1. **Lee, J.**, Gao, S., Norton, M., Domínguez, S. Jr., Tebbe, E., Budge, S.L. (In Revision). Understanding psychotherapy goals of two spirit, transgender, and nonbinary people of color in a culturally responsive psychotherapy. Submitted to Journal of Counseling Psychology.

### **Manuscripts in Progress**

- Lee, J.**, Barr, S. M. (in progress). We broke the cycle: How transgender and nonbinary people facilitate intergenerational trauma healing and family repair.
- Lee, J.**, Sheer, J. (in progress). Feasibility and acceptability of a randomized controlled trial of expressive writing treatments for trauma-exposed sexual minority women and gender diverse individuals.
- Scheer, J. R., Epshteyn, G., Weiss, N., Behari, K., **Lee, J.**, Helminen, E. C., Jackson, S. D., Batchelder, A. W., & Sullivan, T. P. (in progress). Daily PTSD symptom severity and negative affect among trauma-exposed sexual minority women and transgender and gender-diverse people: The impact of minority stressors and LGBTQ+ community belonging.
- Hoff, R., Rashkovsky, K., **Lee, J.**, Scheer, J. R. (in progress) Understanding intersectional sexism among sexual minority women, transgender, and nonbinary people of color.
- Lee, J.**, Eom, Y., Shin, H., Lee, H. (in progress). Information sources, referral barriers, and provider decision-making in gender-affirming care: experiences of Korean transgender and nonbinary people.
- Lee, J.**, Eom, Y., Shin, H., Lee, H. (in progress). Experiences and impacts of gender-affirming assessments: Barriers, processes, and consequences among Korean transgender and nonbinary people.
- Lee, J.**, Eom, Y., Shin, H., Lee, H. (in progress). Reimagining gender-affirming assessments: Transgender and nonbinary people's desires for accessible, inclusive, and just practices in Korea.

- Lee, J., Norton, M., Budge, S.L. (in progress). Understanding radical healing intervention in action from Healing Ourselves through Psychotherapy Empowerment (HOPE) intervention.
- Lee, J., Barr, S. M. (in progress). Understanding types of parental harm among transgender and nonbinary people experience relational trauma with parental figures.
- Lee, J., Barr, S. M. (in progress). Interpersonal and intrapersonal impacts of relational trauma with parental figures among transgender and nonbinary people.
- Lee, J., Barr, S. M. (in progress). Chosen boundaries: The when, how, and impact of distancing from parental figures among transgender and nonbinary people.
- Lee, J., Barr, S. M. (in progress). Using grounded theory in a grounded theory way.
- Lee, J., Barr, S. M. (in progress). Co-creating healing through community-focused trauma research.
- Lee, J. & Lee, B. (in progress). A grounded theory study of expectations at work and working relationship among Korean transgender people through gender transition processes.

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## BOOK CHAPTER

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2. Garrison, Y. G. & Lee, J. (submitted). Community-based approaches from a psychology of working perspectives. In D. L. Blustein & K. L. Autin (Eds). *Oxford Handbook of Psychology of Working* (2<sup>nd</sup> Edition). Oxford University Press
1. Parmenter, J. G., Lee, J., Goldbach, C., Lindley, L., Pease M. (submitted). *Transgender and Gender Expansive Affirming Care and Advocacy*. APA Counseling Psychology Handbook.

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## COMMUNITY ZINE/BOOKLET

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4. Lee, J., Barr, S (2025). *Transness is Our Salve: Trans People's Experiences of Healing from Parental Trauma*. A collaborative zine co-created with research participants, combining accessible language, participant artwork, and original illustrations to share themes of healing and resilience. Printed and distributed 800 copies to participants, community members, and LGBTQ community centers nationwide.
3. mcneill, j.n., Lee, J., Norton, M., Budge, S., & Trans CARE Collaborative (2025). *In Community We Trust: Radical Healing, Radical Hope!* A zine for the community explaining the research process of Healing through Ongoing Psychological Empowerment (HOPE). Wrote the contents for the zine in an accessible language and coordinated its dissemination. (Illustration by ggggrimes.)
2. Choe, D. & Lee, J. (2021). Making Korea Trans Affirming: Interviews with Trans Affirming Church, Army, School, Workplace Organizations around the World. Korean Transgender Rights Organization (JOGAKBO). In collaboration with Affirm United, SPART\*A, GLSEN, Workplace Pride.
1. Lee, J. (2019). *Our Own Internalized Transnegativity*. A Community Zine with Korean Transgender Rights Organization (Jogakbo)

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## RESEARCH EXPERIENCE

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2025 Fall— *Data Analyst*, University of Rhode Island  
**Developing and Testing a Telehealth Unified Protocol (UP) + Expressive Writing Intervention for Trauma-Exposed Sexual Minority Women and Gender Diverse Individuals**  
 PI: Jillian Scheer, PhD

- Facilitated provider and community focus groups to inform culturally responsive adaptation of the intervention.
- Contributed to the development of a treatment manual, integrating Unified Protocol CBT modules (psychoeducation/goal setting, mindful emotional awareness, cognitive flexibility, countering emotion-driven behaviors) with trauma-focused expressive writing.
- Conducted and analyzed exit interviews to assess feasibility and acceptability of the developed intervention.
- Engaged in mixed-methods evaluation, analyzing qualitative data and interpreting findings alongside quantitative outcomes to inform intervention refinements.

2024 Fall–  
Present

*Data Analyst*, University of Rhode Island

**A Randomized Controlled Trial of Expressive Writing Treatments for Trauma-Exposed Sexual Minority Women and Gender Diverse Individuals**

Funding: NIH/NIAAA K01AA028239-01A1 (\$172,090)

PI: Jillian Scheer, PhD

- Assessed for the feasibility and acceptability of the expressive writing intervention for trauma-exposed sexual minority women and gender diverse individuals
- Explored potential mediators and moderators of therapeutic change using LIWC (linguistic analysis) and elucidated mechanisms of change in expressive writing treatments
- Used multimodal methods to test mechanisms of change using psychophysiological data (e.g., cortisol level)
- Disseminating study findings to national conferences
- Writing manuscripts on the feasibility, acceptability, and efficacy of the intervention

2024 Fall–  
Paused

*Research Assistant*, University of Wisconsin-Madison

**A Multidimensional Investigation of Social Support for Transgender and Nonbinary People and Its Impacts on Health and Well-Being**

Funding: NIH/NIMHD 1R01MD018571-01A1 (\$773,482)

PIs: Elliot Tebbe, PhD., Stephanie Budge, PhD.

2022 Spring–  
2025 Spring

*Research Assistant*, University of Wisconsin-Madison

University of Wisconsin-Madison

**Clinical Trial Study for Psychotherapy with Transgender, Two-Spirit, and Nonbinary People (2STNB) of Color**

Funding: Understanding and Reducing Inequities Initiative, University of Wisconsin-Madison (\$250,000)

PI: Stephanie Budge, PhD.

- Collaborated with researchers and community members to design and implement an intervention for 2STNB people of color using community-based participatory research method
- Administered baseline structured clinical interviews for clients participating in a national open psychotherapeutic clinical trial
- Developed video-coding manual for culturally responsive care for 2STNB people of color (Radical Healing Framework) and video-coded 45 psychotherapy sessions provided by 2STNB therapists of color for 2STNB clients of color

- 2025 Feb      **Korea University Diversity Council**  
Collaborative Terminology Review
- Advised on language sensitivity, conceptual clarity, and cultural appropriateness in developing a Korean-language glossary of LGBTQ+/queer terminology for educational and institutional use
  - Reviewed and refined terminology to ensure accuracy, inclusivity, and minimize bias
- 2023 Oct      **Seoul National University, School of Medicine**  
A Cohort Study on Korean Transgender and Gender Diverse People's Health
- Provided consultation on creating survey questions that are culturally sensitive, linguistically up-to-date, and methodologically sound to accurately capture the nuanced experiences of the cohort
  - Delivered consultation on the optimization of research environment to ensure positive participant experience
  - Provided expert guidance on the selection of methodologically robust and relevant measures
- 2023 Spring – **Advisory Board Consultant**, Texas Tech University  
Real-Time Study of Psychotherapy, Suicide Risk, and Resilience in Transgender and Non-Binary Adults (P.I: Sarah Victor)
- Provide expert feedback on the research study design and processes

## PROVISION OF RESEARCH MENTORSHIP

### Reflexive Thematic Analysis and Manuscript Preparation, *Feb 2025–Present*

- Mentees: Eom Won (PhD Student in Public Health at Korea University), Jenny Shin (PhD Student in Clinical Psychology at Boston University), Hyemin Lee (Postdoc in Clinical Psychology at University of Maryland)
  - Provided intensive training in reflexive thematic analysis using ATLAS.ti through a structured apprenticeship model (initial coding – 6 weeks, thematic development – 10 weeks).
  - Mentored on the preparation of qualitative research manuscripts for peer-reviewed journals.

### Qualitative Analysis and Manuscript Preparation, Department of Counseling Psychology, University of Wisconsin-Madison *Jan 2024–Jan2025*

- Mentees: Greyson Mize (PhD Student), Ace Pili (Undergraduate Student)
  - Provided comprehensive training on coding and analyzing qualitative data, focusing on reflexive thematic analysis. Dedicated two hours weekly to co-coding sessions from Jan 2024 to May 2024, fostering a collaborative learning environment centered on the experiences of change from the HOPE intervention for transgender and nonbinary people of color
  - Mentored on writing and submitting qualitative research manuscripts for peer-reviewed journals. Offered personalized feedback and support throughout the manuscript development process, enhancing academic writing and research dissemination skills

## TEACHING EXPERIENCES

### Lead Teaching Assistant, Department of Counseling Psychology University of Wisconsin-Madison, *Sept 2023 – May 2024*

- CP 655: Clinical Communication Skills (*0.5 FTE*)
- Supported a team of 5 Teaching Assistants through guidance on effective pedagogy



- Managed the Canvas system, ensuring organized and timely updates of course content
- Served as a primary consultant for TAs regarding student-related issues, offering solutions and strategies to foster a positive learning environment
- Teaching two weekly labs (1.5 hours each) on utilizing and applying clinical communication skills for students going into healthcare professions
- Writing recommendation letters

**Teaching Assistant, Department of Counseling Psychology**

University of Wisconsin-Madison, *Sept 2022 – May 2023*

- CP 655: Clinical Communication Skills (0.5 FTE)
- Teaching three weekly labs (1.5 hours each) on utilizing and applying clinical communication skills for students going into healthcare professions
- Providing weekly feedback on each student's recorded, clinical practices on Skillsetter
- Communicating with students to facilitate their learning and sense of community and to address students' needs

**Teaching Assistant, Department of Counseling Psychology**

University of Wisconsin-Madison, *Sept 2021 – May 2022*

- CP 225: Intersectionalities, Self-Awareness, and Social Actions for Social Change (0.5 FTE)
- Provided weekly written feedback and evaluation for group discussion and individual assignment on race/ethnicity, class, gender, sexuality, disability/ability, migration status, and religion
- Communicated with students via e-mail to facilitate their learning and address students' needs

**Teaching Assistant, Department of Education**

Korea University, *Mar 2019 – July 2019*

- Career Counseling
- Graded written essays for mid-term and final exams
- Assisted in preparing course materials

**Teaching Assistant, Department of Humanities**

Marlboro College, *Jan 2016 – May 2016*

- Provided weekly Chinese tutoring in one-on-one and group setting
- Assisted in preparing class materials

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## GUEST LECTURES

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### Graduate Level Course

PGY-3 Psychiatry Didactic Series, Harvard Medical School, Oct 2025

- Invited guest lecture for PGY-3 psychiatry residents on how trans identity facilitates healing from relational trauma with parental figures, and its clinical applications. Provided a 15-minute research presentation, interactive Q&A on clinical applications, and open discussion with residents.

The Health of Transgender and Gender Diverse People, Harvard T. H. Chan School of Public Health, Nov 2024

- Invited to provide a talk on transgender and nonbinary people's experience of relational trauma with parental figures and processes of healing as part of cutting-edge research on transgender health

Grounded Theory Research, University of Wisconsin-Madison, June 2023

- Invited to provide a talk on a community-based participatory theoretical sampling method for a grounded theory study

Lifestyle and Career Development, University of Wisconsin-Madison, April 2023

- Invited to provide a lecture and facilitate group discussions on Korean TNB People's Experience of Systemic Discrimination, Interpersonal Interactions, and Resilience in Workplace

### Undergraduate Level Course

Clinical Communication Skills, University of Wisconsin-Madison, Nov 2023

- Provided a guest lecture for a large-classroom undergraduate course (100+) on Motivational Interviewing

Clinical Communication Skills, University of Wisconsin-Madison, April 2023

- Provided a guest lecture for a large-classroom undergraduate course (100+) on Addressing Health Disparities through Culturally Humble Clinical Communications Among Health Care Professionals

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## INVITED PANELS

4. **Lee, J.**, Crall, C., & Rainboth, K. (2025, Oct). LGBTQ Mental Health: Multidisciplinary Perspectives. Invited panel discussion for Harvard Medical School medical students. Harvard Medical School, Boston, MA.
3. **Lee, J.**, Tebbe, E., Budge, S.L. (2023, Oct). Gender Diversity Inclusion as Researchers and in Research: How to Use a Community-Based Approach. An invited talk at the Diversity Summit on Protecting and Advancing Trans Health, UW Health & School of Medicine and Public Health at UW-Madison
2. **Lee, J.**, Schultz, G., Smaldino, E., Schlechter, T. (2022, April). Promoting Health Equity for Trans and Nonbinary Individuals. A panel talk provided to the Colorado School of Public Health, Aurora, CO.
1. **Lee, J.**, Schultz, G., mcneill, j.n. (2021, October). Cis/heteronormativity within the health, educational, and family system. A panel talk provided to the Wisconsin Population Health Service Fellowship & Preventive Medicine Residency Learning Community Meeting, Madison, WI.

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## CONFERENCE PRESENTATIONS

### FEATURE STAGE

1. **Lee, J.**, McGuirk, A., Lindley, L. (2024, August). A qualitative analysis of messages about and lived experience of the impacts of gender affirming medical interventions on gender dysphoria. A Feature Stage ("Trans Authenticity: Challenging Media Narratives and Anti Trans Discourses") presented at the 2024 Annual Meeting of the American Psychological Association, Seattle, WA.

### WORKSHOP

2. Kim, H., **Lee, J.**, Rainboth, K., Budge, S.L. (2024, Oct). The Companionship Model for gender affirming care: A guide for clinicians. A Workshop Presented at GLMA's 42nd Annual Conference on LGBTQ+ Health.
1. Domínguez, S. Jr., Norton, M., mcneill, j. n., **Lee, J.**, Tebbe, E., & Budge, S. L. (2023, May). Let's find a sweet spot to co-conspire: Building a community advisory board for community-based participatory research. A Workshop Presented at the 2023 National Transgender Health Summit, San Francisco, CA.

### SYMPOSIUM / ORAL PRESENTATION

18. Scheer, J. R., **Lee, J.**, Behari, K., Chipman, T. (2025, September). Intersections of Trauma and Minority Stress: A Multi-Method Approach to Understanding Risks, Coping, and Healing in Sexual and Gender Minority Communities. In Violence Prevention among Sexual and Gender Diverse Populations: Innovative Strategies and Future Directions. Symposium paper to be presented at the International Society for Traumatic Stress Studies (ISTSS) 41st Annual Meeting, Baltimore, MD.
17. Scheer, J. R., **Lee, J.**, Chasten, N., Jackson, S. D., Batchelder, A. W., & Sullivan, T. P. (2025, September). "It's exhausting to always be scanning for danger": A qualitative investigation of social safety threats, coping, and psychosocial impacts in trauma-exposed sexual and gender minority people. In H. Zinzow

(Chair), Violence Prevention among Sexual and Gender Diverse Populations: Innovative Strategies and Future Directions. Symposium paper to be presented at the International Society for Traumatic Stress Studies (ISTSS) 41st Annual Meeting, Baltimore, MD.

16. Norton, M., **Lee, J.**, Adames, H., Tebbe, E., Budge, S.L. (2025, May). Developing a Coding Book for Radical Healing in a Clinical Trial for 2STNB BBPOC: Research and Clinical Implications. An oral presentation Presented at the 2025 National Transgender Health Summit, San Francisco, CA.
15. Scheer, J. R., **Lee, J.**, Behari, K., Dobani, F., Irani, K., Chasten, N., Epshteyn, G., Jackson, S. D., Batchelder, A. W., & Sullivan, T. P. (2025, April). LGBTQ+ people's perspectives on remote expressive writing treatments for PTSD and unhealthy drinking. In N. H. Weiss (Chair), Community-engaged approaches for addressing co-occurring PTSD and SUD in diverse populations. Symposium paper to be presented at the Collaborative Perspectives on Addiction Annual Meeting, Providence, RI.
14. **Lee, J.** (2024, Accepted). Understanding the SOC v.8 and using the Companionship Model in writing letters of support for trans and nonbinary adults. Accepted for oral presentation at 2024 The World Professional Association for Transgender Health (WPATH) 28th Scientific Symposium in Lisbon, Portugal.
13. Domínguez, S. Jr., Budge, S. L., Tebbe, E., Lindley, L., **Lee, J.**, & Matsuno, Em. (2024, August). Clinical trial 6-Month Follow-Up Analysis with Two Spirit, trans, and nonbinary clients of color. A symposium session presented at the 2024 annual meeting of the American Psychological Association, Seattle, WA.
12. **Lee, J.**, Mize, G., Pili, A., Budge, S.L., Tebbe, E., (2024, August). Trans/Nonbinary POC Clients' Perceptions of Change Specific to Therapy Goals. A symposium session presented at the 2024 annual meeting of the American Psychological Association, Seattle, WA.
11. **Lee, J.**, Barr, S. (2023, August). Transgender and Nonbinary People's Experience of Relational Trauma with Parental Figures: Intersections with Minority Stress and Cultural Factors and Pathways to Healing. Presented as a symposium session at the annual meeting of the American Psychological Association, Washington D.C.
10. Domínguez, S. Jr., Budge, S. L., Tebbe, E., Norton, M., **Lee, J.**, Lindley, L., & mcneill, j. n. (2023, May). Longitudinal analyses from an open psychotherapy clinical trial with Two-Spirit, trans, and nonbinary clients of color. An oral presentation at the 2023 National Transgender Health Summit, San Francisco, CA.
9. **Lee, J.**, Lee, B. (2023, May). A grounded theory of Korean trans and nonbinary people's interpersonal interactions in workplace: Gaining critical awareness of gender and transcending binary gendered society. An oral presentation at the 2023 National Transgender Health Summit, San Francisco, CA.
8. **Lee, J.**, Budge, S.L., Dominguez, S. Jr., Tebbe, E (2023, May). From gatekeeping to a Companionship Model: How to write referral letters for trans and nonbinary individuals. An oral presentation at the 2023 National Transgender Health Summit, San Francisco, CA.
7. **Lee, J.**, Stan, G., Dominguez, S. Jr., Norton, M., Budge, S.L, Tebbe, E (2023, May). Understanding the psychotherapy goals of two-spirit, transgender, and nonbinary people of color (TPOC) from the first psychotherapy trial study for TPOC. An oral presentation at the 2023 National Transgender Health Summit, San Francisco, CA.
6. **Lee, J.**, Lee, B. (2022, October). A grounded theory of Korean trans and nonbinary people's interpersonal interactions in workplace: Gaining access to a critical awareness of gender and transcending binary gendered society. A symposium session presented at the 2022 annual meeting of the Korean Counseling Psychology Association, Seoul, South Korea.
5. **Lee, J.**, Budge, S.L. (2022, August). Moving from gatekeeping to a Companionship Model in the letter writing process for trans and nonbinary individuals. Presented as part of a symposium session ("Gatekeeping of TNB individuals-A call to action for ethical trans affirmative research and practice") at the 2022 annual meeting of the American Psychological Association, Minneapolis, MN.

4. **Lee, J.**, Matsuno, E. Norton, M., Lindley, L., Tebbe, E., Budge, S.L. (2022, August). Mixed-Methods Results from Gender, Resilience and Resistance, Empowerment, and Affirmation Training (GREAT). A symposium (“Emerging Studies on Liberatory Psychotherapy with Two-Spirit, Trans, and Nonbinary Communities”) presented at the 2022 annual meeting of the American Psychological Association, Minneapolis, MN.
3. Lindley, L., **Lee, J.**, Norton, M. (2022, August). The Complicity of Psychologists, Institutions, and Organizations in Gatekeeping Practices. Presented as part of a symposium session (“Gatekeeping of TNB individuals-A call to action for ethical trans affirmative research and practice”) at the 2022 annual meeting of the American Psychological Association, Minneapolis, MN.
2. Dominguez, S. Jr., Budge, S.L., Tebbe, E., Norton, M., **Lee, J.**, Lindley, L., mcneill, j.n. (2022, August). Baseline data from an open psychotherapy trial with two-spirit, trans, and nonbinary clients of color. Presented as part of a symposium session (“Emerging studies on liberatory psychotherapy with two-spirit, trans, and nonbinary communities”) at the 2022 annual meeting of the American Psychological Association, Minneapolis, MN.
1. Lee, M., Kim, G., **Lee, J.**, & Vo, H. (2018, November). Self-efficacy as a mediator of parent- child relationship and self-regulatory ability in Korean adolescents. An oral presentation at Korea University-Waseda University 2018 International Conference, Tokyo, Japan.

### Poster Presentation

4. Scheer, J. R., **Lee, J.**, Girard, R., Epshteyn, G., Behari, K., Helminen, E. C., Cascalheira, C. J., Jackson, S. D., Batchelder, A. W., & Sullivan, T. P. (2025, June). Daily minority stress exposure and relative severity, and concealment as correlates of alcohol and cannabis use among trauma-exposed sexual minority women and transgender and gender-diverse people. Poster to be presented at the 48th Annual Research Society on Alcoholism Scientific Meeting, New Orleans, LA.
3. **Lee, J.**, Hoyt, W. T., Budge, S.L. & Lee, B. (2021, August). Parental attachment and internalized transnegativity among Korean TNB populations: Role of self-shame, rejection sensitivity, and self-concept clarity. American Psychological Association, Virtual.
2. **Lee, J.**, Lee, B. (2020, Accepted). Perceived changes in workplace experience pre- and post-gender transition among Korean transgender individuals. American Psychological Association, Virtual.
1. **Lee, J.** (2019, March). Limitations in stage models for transgender identity development. The Korean Counseling Association-International Chapter 2019 Annual Conference, New Orleans, LA.

### Roundtable Presentation

1. Lee, B.H., **Lee, J.** (2022). Navigating Graduate School. A roundtable presented at the International Section of the APA Society of Counseling Psychology at the Annual Meeting of the American Psychological Association, Minneapolis, MN.

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## CLINICAL EXPERIENCES

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July 2025 –  
Present

*Predoctoral Clinical Psychology Intern*

**Brigham and Women’s Hospital/Harvard Medical School, Boston, MA**

(Supervisor: Dr. Chris AhnAllen & Dr. Aude Henin)

- Joint Harvard Medical School internship with clinical training at both Brigham and Women’s Hospital (BWH; Gender Diversity Clinic) and Massachusetts General Hospital (MGH; Gender Identity Program)
- **Individual Therapy:** Provide evidence-based treatments (CBT, DBT, CPT, PE) for transgender and nonbinary clients at BWH and MGH.

- **Group Therapy:**
  - Designed and leading a group for TNB adults at BWH addressing sociopolitical stress through CBT and mindfulness-based strategies.
  - Co-lead a TNB-affirmative DBT group for young adults at MGH, integrating identity-affirming care within standard DBT protocols.

Sept 2023 –  
Aug 2024

*Doctoral Trainee*

**William Middleton Memorial Veterans' Hospital, Madison, WI ('Madison VA')**  
**PTSD Clinical Team** (Supervisor: Valerie Maine, PsyD)

*Direct Intervention Hours: 203hrs.*

- **Individual Therapy:** Delivered Cognitive Processing Therapy (CPT) and Prolonged Exposure (PE) to patients with trauma-related disorders both in-person and through telehealth.
  - Consumed up-to-date research and evidence-based practices for PTSD and trauma-focused care
  - Provided measurement-based care, systematically tracking client outcomes each session with PCL-5 and PHQ-9
  - Received weekly individual and group supervision on CPT and PE to refine clinical skills and ensure adherence to evidence-based protocols
- **Group Therapy:** Co-led STAIR (Skills Training in Affective and Interpersonal Regulation) group therapy for veterans experiencing PTSD symptoms
- **Assessment:** Conducted comprehensive psychological assessments for a range of conditions, including PTSD, ADHD, OCD, anxiety and mood, schizoaffective, autism spectrum, personality (borderline, antisocial, obsessive-compulsive, and histrionic) and eating disorders
  - Trained for and utilized a range of structured diagnostic interview protocols, such as Structured Clinical Interview for DSM Disorders (SCID), Clinician-Administered PTSD Scale for DSM-5 (CAPS-5), Diagnostic Interview for ADHD in adults (DIVA), Diagnostic Interview for Anxiety, Mood, and Obsessive-Compulsive and Related Neuropsychiatric Disorders (DIAMOND)
  - Utilized and interpreted a range of standardized cognitive (WAIS-IV, CPT-II, MoCA, D-KEFS, BRIEF-A) and personality (MMPI-3, PAI, MCMI-IV) testing tools
  - Utilized and interpreted a range of self-report assessment tools, such as PCL-5, PHQ-9, CAARS, Eating Disorder Examination, EAT-26, CIA 3.
  - Written and received supervision for seven integrated psychological reports on cases referred by the interdisciplinary team

Aug 2022 –  
June 2023

*Doctoral Trainee*

**Journey Mental Health Center, Madison, WI**

**Community Mental Health Clinic** (Supervisor: Season Schwarzbrott, PsyD)

*Direct Intervention Hours: 160 hrs.*

- **Individual Therapy:** Provided interpersonal processing therapy utilizing psychodynamic framework for low income QTPOC (Queer, Trans, People of Color) and LGBTQ+ clients emphasizing identity-affirming care
  - Delivered culturally responsive, trauma-focused in-person/telehealth therapy for clients with complex trauma history

- Presenting concerns ranging from childhood abuse, traumatic life experiences, eating disorders, and identity-based discrimination
- Wrote referral letters for trans people seeking gender-affirming services and provided training and consultations to therapists writing such letters
- **Group Therapy**
  - Co-led Rainbow Recovery Group, an interpersonal process group for trauma-exposed LGBTQ+ people
- **Assessment:** Administered structured PTSD diagnostic assessments for trauma-exposed adolescents in Dane County schools through the REST (Resilient Response to Effects of Stress and Trauma) program

Aug 2021–  
May 2022

*Doctoral Trainee*

**Counseling Psychology Training Clinic (CPTC)**

**University of Wisconsin-Madison** (Supervisors: Pa Her, PhD, Stephanie Graham, PhD) *Direct Intervention Hours: 226.25 hrs.*

- **Individual Therapy:** Provided long-term individual therapy to UW-Madison students and community members with a wide spectrum of presenting concerns including interpersonal trauma, attachment issues, shame, LGBTQ+ identity development, depression, anxiety, and body image
- Received weekly individual and group supervision in psychodynamic and interpersonal process therapy
- Provided referral letters for transgender and nonbinary clients accessing gender affirming care
- Co-developed *The Companionship Model*, a clinician guide on providing affirming referral sessions for TNB clients

Jan 2021 –  
May 2021

*Pre-Practicum Trainee, Counseling Psychology Training Clinic (CPTC)*

**University of Wisconsin-Madison** (Supervisor: Alberta M. Gloria, PhD)

- Provided short (3-5 sessions) psychotherapy sessions to three volunteer undergraduate clients presenting with mood and anxiety-related issues and familial issues
- Received weekly individual and group supervision in psychodynamic and interpersonal process therapy

Sept 2018–  
Dec 2018

*Master's Counseling Trainee, University Counseling Center*

**Korea University** (Supervisor: Kyung-Hee Kwon, PhD)

- Provided 12-session, in-person psychotherapy to a Korean cisgender male client experiencing issues related to depression, anxiety, and self-concept issues
- Received weekly individual and group supervision in CBT

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## CLINICAL SUPERVISION EXPERIENCE

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**Doctoral Supervisor, Counseling Psychology Training Clinic (CPTC)**

University of Wisconsin-Madison, *Jan 2024 – June 2024*

- Providing weekly (10 weeks) individual supervision to master's level counseling student based on the Integrative Development Model
- Conducting live observation of supervisee's clinical work at their worksite
- Provide feedback on clinical conceptualization and documentation

## PROVISION OF CLINICAL TRAINING

17. Kim, H., **Lee, J.** (2025, Oct). Providing mental health assessments for gender affirming surgery referral letters. Invited speaker at the *11th Advancing Excellence in Transgender Health Conference* of The Fenway Institute, Boston, MA.
16. **Lee, J.** (2025, Sept). Using the Companionship model in writing referral letters for transgender and gender diverse clients within the sociopolitical climate. Returned as an invited speaker to deliver a 2-hour all-staff training for *University Health Services at the University of Wisconsin-Madison*.
15. **Lee, J.** (2024, Sept). Using the Companionship model in writing referral letters for transgender and gender diverse clients. Returned as an invited speaker to deliver a 2-hour all-staff training for *University Health Services at the University of Wisconsin-Madison*. This training has since become incorporated into the University's Canvas course for staff development.
14. **Lee, J.** (2023, Dec). Understanding the SOC v.8 and using the Companionship Model in writing letters of support for transgender and nonbinary youths and adults. An invited clinician training at the *Wisconsin Psychiatric Institute & Clinics, Madison, WI*.
13. Budge, S.L., **Lee, J.** (2023, Oct). Transgender and nonbinary mental health: Health disparities and protective factors. An invited clinician training at *Korean Clinical Psychology Association Annual Conference*.
12. **Lee, J.** (2023, Oct). Understanding the Standards of Care (v. 8) to improve ethical transgender and nonbinary referral letter practices in Korea. An invited session to introduce the Standards of Care (SOC v. 8) to Korean clinical psychologists (450+), with an emphasis on understanding current practices in Korea and improving assessment procedures followed by a Q & A session at *Korean Clinical Psychology Association Annual Conference*.
11. Kim, H., **Lee, J.**, Budge, S. L., Dominguez, S., Tebbe, E. (2023, Oct). Informed consent & the Companionship Model: An alternative to gatekeeping. An invited talk on addressing and reducing barriers and gatekeeping to gender-affirming care for trans and gender-diverse youth at *American Psychiatric Association Mental Health Services Conference*.
10. **Lee, J.** (2023, July). Utilizing the Informed consent model and moving towards the Companionship Model in providing medical care for transgender and nonbinary people. Provided a 3-hour training to medical professionals and students at *Seoul National University, College of Medicine*.
9. **Lee, J.** (2023, July). Understanding the revised WPATH Standards of Care v.8 for clinical work with transgender and gender diverse people. An invited talk for 90+ participants at *Soonchunhyang University Seoul Hospital, Seoul, South Korea*.
8. **Lee, J.** (2023, April). Using the Companionship Model and the updated Standards of Care for writing referral letters for transgender and gender diverse clients. Provided an all-staff (80+) 2-hour training for *University Health Services at the University of Wisconsin-Madison*.
7. **Lee, J.** (2022, November). Trans and nonbinary people's experience of systemic discrimination, interpersonal interactions, and resilience in workplace. Provided a webinar to health care professionals at *Prism Health North Texas*.
6. Darling, E., Norton, M., **Lee, J.** (2022, October). Trans/GNC: 101. A training provided to clinicians at *Journey Mental Health Center, Madison, WI*.
5. **Lee, J.**, Norton, M., Lindley, L., Gao, S. (2022, September). Working with gender dysphoria and promoting parental support for transgender and nonbinary people. A training provided to the *Wisconsin Psychiatric Institute & Clinics, Madison, WI*.

4. **Lee, J.**, Norton, M., Lindley, L., Gao, S. (2022, September). A Companionship Model for trans and nonbinary letter writing and therapist errors. A training provided to the *Wisconsin Psychiatric Institute & Clinics, Madison, WI*.
3. Dominguez, S. Jr., **Lee, J.**, Budge, S. L. (2022, September). Providing trans-affirming care to trans youth and their family members. A seminar provided to the *Wisconsin Psychiatric Institute & Clinics, Madison, WI*.
2. Budge, S. L., **Lee, J.** (2022, July). Reducing stigma and improving mental health for two-spirit, transgender, and nonbinary clients: Role of parental attachment for internalized transnegativity among Trans and nonbinary people and intervention strategies. An invited webinar provided to 120+ Korean Counselors from *Korean Counseling Association, Seoul, South Korea*.
1. Dominguez, S. Jr., **Lee, J.**, Budge, S. L. (2022, March). Providing trans-affirming care to trans youth and their family members. A training provided to the *Wisconsin Psychiatric Institute & Clinics, Madison, WI*.

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## CLINICAL CONSULTATIONS

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| 2023 Summer | <b>University Health Services, University of Wisconsin-Madison</b><br>Applying the Companionship Model for Transgender and Nonbinary Client Letter Writing <ul style="list-style-type: none"> <li>• Provided consultation to clinicians in implementing the Companionship Model in writing referral letters for TNB clients at the University Health Services</li> </ul> |
| 2023 Spring | <b>Expert Reviewer, WPATH Standards of Care (version 8, Korean)</b> <ul style="list-style-type: none"> <li>• Conducted a comprehensive expert review of the translated <i>Chapter 5: Assessment of Adults</i>. In WPATH Standards of Care (version 8, Korean)</li> </ul>   |

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## LEADERSHIP & ADVOCACY

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| Jun 2024 –<br><i>Present</i> | <b>Division 44 Science Committee Member</b><br>Society for the Psychology of Sexual Orientation and Gender Diversity<br>American Psychological Association   |
| July 2023                    | <b>Organizer</b> , A public round table on “Understanding and overcoming institutional barriers for implementing the Standards of Care ver. 8 in Korean contexts” <ul style="list-style-type: none"> <li>• Designed, organized, and facilitated a public roundtable (90+ participants including medical doctors, lawyers, psychologists, trans and nonbinary people, and their allies) at Soonchunhyang University Hospital, Seoul, South Korea</li> <li>• Facilitated 90-minute, panel-audience discussion on understanding and addressing legal, medical, and societal barriers to implementing trans affirming care in South Korea</li> </ul> |
| Jan 2019 –<br>Mar 2021       | <b>Activist</b> , Korean Transgender Rights Organization (JOGAKBO) <ul style="list-style-type: none"> <li>• Arranged national LGBTQ+ conferences, co-edited annual publication, and participated in fund-writing</li> <li>• Co-led interviews with international LGBTQ+ organizations to promote trans-affirming South Korean military, church, school, and workplace environments</li> <li>• Recruited interviewees, designed interview questions, and interviewed with directors of the Workplace Pride, Affirm United, GLSEN, SPART*A</li> </ul>  |
| Jun 2021 –<br>Dec 2022       | <b>Co-Chair</b> , Cultural Assessment Subcommittee for the Task Force on Sexism and Cissexism, Division 44, American Psychological Association   |



- Conduct cultural assessment on Division 44 and APA of its historical sexism and cissexism with the intersectional lens on racial inequity
- Cooperate with division 44 leads and president to move the agenda forward

## SERVICE EXPERIENCES

### Ad-Hoc Journal Article Reviewer

- The Counseling Psychologist
- Journal of Counseling Psychology
- Psychology of Sexual Orientation and Gender Diversity
- Cultural Diversity & Ethnic Minority Psychology
- Psychological Services

### Peer Reviewer, The Counseling Psychologist

- Participated in the 2024 TCP Reviewer Mentorship Program with Dr. Melissa Ertl and co-reviewed 4 submitted articles.

### Award Selection Committee Member

Transgender Research Award Committee, Division 44, American Psychological Association

### APA Annual Convention Submission Reviewer

Division 44, American Psychological Association, *Jan 2023 – Present*

- Reviewed and evaluated symposium and poster submissions for division 44

### Volunteer, Korean Counseling Association-International Chapter *March 2019*

- Volunteered in the annual conference for conference preparation, proceedings, and poster session

### Participant & Transcriber, The Korean Society of Law and Policy on Sexual Orientation and Gender Identity (SOGI)

- Participated in creating the Korean Diversity Guideline for LGBTQ+ Friendly Workplace (Funded by Google)

## PROFESSIONAL AFFILIATIONS

2021 – <i>Present</i>	<b>Professional Organization Member</b> American Psychological Association (APA) American Psychological Association of Graduate Students (APAGS) Society of Counseling Psychology (SCP) (Division 17) Society for the Psychological Study of LGBT Issues (Division 44) The Division of Trauma Psychology (APA Division 56)
2019 – 2021	<b>Activist</b> Korean Transgender Rights Organization, Jogakbo
2020 – <i>Present</i>	<b>Professional Organization Member</b> Korean LGBTQ+ Researcher Network
2018 – 2020	<b>Professional Organization Member</b> Korean Counseling Association-International Chapter
2018 – <i>Present</i>	<b>Professional Organization Member</b> The Korean Counseling Psychological Association, LGBT Counseling Division
2018 – <i>Present</i>	<b>Professional Organization Member</b> The Korean Counseling Psychological Association

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**REFERENCES**

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**Stephanie L. Budge, PhD**

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